

Still not been vaccinated  
against Covid? Had your  
first dose and found it all a  
bit too stressful?

Don't worry, we can help you  
overcome your difficulties.



If you need extra time, additional support or a few simple adjustments to help you settle for your first, second or booster Covid jab, please call 0344-257 3961 to book an appointment at one of two forthcoming clinics.

When you call, please tell the team about your additional needs, so they can make reasonable adjustments to ensure your visit is as stress free as possible. If you'd rather get someone you trust to ring for you, that's fine. If they want to come and get jabbed as well, that's fine too.

The clinics are being held on Sunday 30<sup>th</sup> January and Sunday 6<sup>th</sup> February from 10am to 2pm at Colchester United's Community Stadium, United Way, Colchester, CO4 5UP

### Need help with Transport?

If you live in Colchester, contact Community360 on 01206-216600

If you live in Tendring, call Tendring Community Transport on 01255-436962 or 07948-055888.